



Training Squad Criteria

Swimmers swimming in training squads are expected to maintain the following criteria. There will be a four week review of sessions and after this time swimmers not attaining the required sessions will be invited to attend a meeting with parents to discuss the next steps. After a further two weeks, if the swimmer is still not attaining the sessions required the swimmer will be moved into Club Squad or Senior Squad depending upon age. Final decision is the Head Coach.

Criteria For Top Squad

- Attendance. Minimum of 6 sessions per week
- Attainment Regional qualifier
- Age group 14yrs and older

Criteria For A Squad

- . Attendance Minimum of 5 sessions per week
- . Attainment County qualifier
- . Age group 12yrs and older

Criteria For Junior Two

- . Attendance Minimum of 5 sessions per week
- . Attainment B/C Upwards
- . Age group 10yrs and older

Criteria For Junior One

- . Attendance Minimum of 5 hours per week
- . Attainment B/C Upwards
- . Age group 9yrs and older

Head Coach
Matt Heathcock